

The South Downs

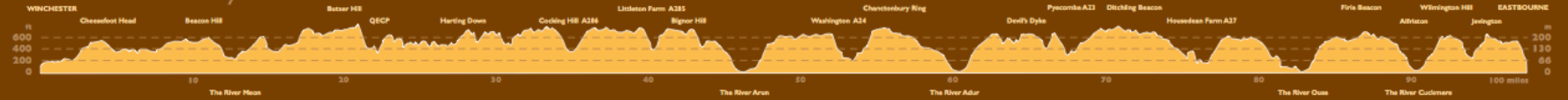
The South Downs are designated as two Areas of Outstanding Natural Beauty (AONB's): Sussex Downs and East Hampshire. For further information on visiting, protecting and managing the South Downs visit www.southdownsonline.org or contact the South Downs Joint Committee on 01243 358700.

The table below gives the approximate distances (in miles) between the main access points along the South Downs Way, as a guide to route planning. It's a further 1.5 miles from the end of the Trail to the railway stations at Winchester and Eastbourne

Distances between main access points along the Bridleway route.

	Winchester	The Milburys	Warnford	QECP	Harting Down	Cocking Hill	Bignor Hill	Amberley	Washington	River Arun	Truleigh Hill	Devil's Dyke	Ditchling Beacon	Housedean Farm	Southease	Alfriston	Jevington	Eastbourne	
Winchester																			
The Milburys Inn (Beasworth)	9																		
Warnford Village (The River Meon)	13	4																	
Queen Elizabeth Country Park	23	14	10																
Harting Down	29	20	16	6															
Cocking Hill Car Park (A286)	36	27	23	13	7														
Bignor Hill	43	34	30	20	14	7													
Amberley Village (River Arun)	48	39	35	25	19	12	5												
Washington Village (A24)	54	45	41	31	25	18	11	6											
River Arun	61	52	48	38	32	25	18	13	7										
Truleigh Hill	63	54	50	40	34	27	20	15	9	2									
Devil's Dyke	68	57	53	43	37	30	23	18	12	5	3								
Ditchling Beacon	70	61	57	47	41	34	27	22	16	9	7	4							
Housedean Farm (A27)	75	66	62	52	46	39	32	27	21	14	12	9	5						
Southease Village (River Ouse)	82	73	69	59	53	46	39	34	28	21	19	16	12	7					
Alfriston Village (River Cuckmere)	90	81	77	67	61	54	47	42	36	29	27	24	20	15	8				
Jevington Village	94	85	81	71	65	58	51	46	40	33	31	28	24	19	12	4			
Eastbourne	98	89	85	75	69	62	55	50	44	37	35	32	28	23	16	8	4		

South Downs Way Profile



Follow the Acorn
The South Downs Way is marked along the whole trail with this acorn logo.
The background colour denotes the type of path, see "Where can you go?"

Meon Valley Temporary Route
There is currently a temporary route for horse riders and cyclists across the Meon Valley.
Please follow signage on route and avoid any Footpath only sections.

- Area of Outstanding Natural Beauty
- Motorway
- 'A' road
- South Downs Way
- Railway
- South Downs Way Footpath Only
- River
- Areas over 200m

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